

May 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
			Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Entertainment w/ Emilio in the Lobby - 2:30PM (Ottawa & Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Jeopardy - 2:15PM (Ottawa) Bingo - 3:15PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Ball Darts - 2:30PM (Ottawa) Finish the Phrase - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Bowling in the REC Room - 3:00PM (Ottawa & Victoria)
Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Joint Bingo in the REC Room - 3:00PM (Ottawa & Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Balloon Tennis - 2:30PM (Ottawa) Outdoor Walks - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Hangman - 2:30PM (Ottawa) Sing Alongs - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Entertainment w/ Gareth in the Lobby - 2:30PM (Ottawa & Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Bingo - 2:00PM (Ottawa) Bingo - 3:15PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) No Bake Baking in REC Room - 2:00PM (Ottawa & Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Balloon Tennis - 2:30PM (Ottawa) Name That Tune - 3:30PM (Victoria)
Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Outdoor Walks - 2:30PM (Ottawa) One-on-ones - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Name That Tune - 2:30PM (Ottawa) Boggle - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Jeopardy - 2:30PM (Ottawa) Cards and Games - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Word Searches & Colouring - 2:30PM (Ottawa) Hangman - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Bingo - 2:00PM (Ottawa) Bingo - 3:15PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Ball Darts - 2:30PM (Ottawa) Finish the Phrase - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Bowling in the REC Room - 3:00PM (Ottawa & Victoria)
Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Joint Bingo in the REC Room - 3:00PM (Ottawa & Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Balloon Tennis - 2:30PM (Ottawa) Outdoor Walks - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Arts and Crafts- 2:30PM (Ottawa) Sing Along - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Sing Alongs - 2:30PM (Ottawa) Hangman - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Bingo - 2:00PM (Ottawa) Bingo - 3:15PM (Victoria)	Pancake Breakfast - 8:00AM (Victoria) Exercise - 9:30AM (Victoria) Fish and Chip Luncheon - 12:00PM (Ottawa) Cards and Games - 2:00PM (Ottawa)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Ball Darts - 2:30PM (Ottawa) Sing Along - 3:30PM (Victoria)
Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Outdoor Walks - 2:30PM (Ottawa) One-on-ones - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Charades - 2:30PM (Ottawa) Arts and Crafts - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Jeopardy - 2:30PM (Ottawa) Cards and Games - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Name That Tune - 2:30PM (Ottawa) Hangman - 3:30PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Bingo - 2:00PM (Ottawa) Bingo - 3:15PM (Victoria)	Exercise - 9:30AM (Ottawa) Exercise - 10:45AM (Victoria) Ball Darts - 2:30PM (Ottawa) Finish the Phrase - 3:30PM (Victoria)	