

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Holy Rosary In the Chapel	2 1:15 Scrabble Ottawa Lounge <small>Labor Day</small>	3 9:15 Physio Exercises Recreation Room 10:30 In the News Victoria Lounge 9:50 Physio Exercises Victoria Harbour Lounge 2:00 Anglican Church Service In the Chapel 2:30 Back to School Brain Teasers Ottawa Lounge	4 9:45 Coffee and Donuts Ottawa Lounge 10:00 Residence General Meeting Ottawa Lounge 1:30 Euchre Ottawa Lounge 3:00 Hand Therapy Ottawa Tea Room 7:00 Entertainment in the Lobby	5 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 10:30 In the News Victoria Lounge 2:00 Adult Colouring Victoria Harbour Lounge 2:30 Ice Cream Sundaes Ottawa Lounge	6 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 12:00 Chili Dog Luncheon Sign Up Required Ottawa Tea Room 7:00 Happy Hour in the Lobby	7 7:00 Wine and Cheese Victoria Lounge
8 11:00 Holy Rosary In the Chapel <small>Grandparents' Day</small>	9 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 1:15 Scrabble Ottawa Lounge 2:00 Bingo Victoria Lounge 3:30 Friendly Visits	10 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 6:00 Music with Corby Kemp Victoria Lounge	11 10:00 Library Visits Ottawa Lounge 10:30 Brain Teasers Victoria Lounge 1:30 Euchre Ottawa Lounge 3:00 Hand Therapy Ottawa Tea Room 7:00 Entertainment in the Lobby	12 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 10:30 In the News Victoria Lounge 2:00 Adult Colouring Victoria Harbour Lounge 2:30 Trivia Ball Ottawa Lounge	13 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 12:00 Lunch Outing to Mandarin Sign Up Required 7:00 Happy Hour in the Lobby	14 6:30 JB Hour Ottawa Lounge
15 11:00 Holy Rosary In the Chapel	16 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 1:15 Scrabble Ottawa Lounge 2:00 Bingo Victoria Lounge 3:30 Friendly Visits	17 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 10:30 In the News Victoria Lounge 2:00 Anglican Church Service In the Chapel 2:30 All About Ottawa Lounge	18 10:00 Yoga with Vana Ottawa Lounge 10:30 Finish That Line Victoria Lounge 1:30 Euchre Ottawa Lounge 3:00 Hand Therapy Ottawa Tea Room 7:00 Entertainment in the Lobby	19 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 10:30 In the News Victoria Lounge 2:00 Adult Colouring Victoria Harbour Lounge 2:30 Apple Cider and What Am I? Ottawa Lounge	20 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 2:00 September Birthday Bash Recreation Room 7:00 Happy Hour in the Lobby	21 7:00 Wine and Cheese In the Victoria Lounge <small>Oktoberfest Begins</small>
22 11:00 Holy Rosary In the Chapel	23 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 1:15 Scrabble Ottawa Lounge 2:00 Bingo Victoria Lounge 3:30 Friendly Visits <small>Autumn Begins</small>	24 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 10:30 In the News Victoria Lounge 2:30 Who Am I? Ottawa Lounge 6:00 Music with Corby Kemp Victoria Lounge	25 10:00 Yoga with Vana Ottawa Lounge 10:30 Brain Teasers Victoria Lounge 1:30 Euchre Ottawa Lounge 3:00 Hand Therapy Ottawa Tea Room 7:00 Entertainment in the Lobby	26 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 10:30 In the News Victoria Lounge 12:00 Lunch Outing to Jaspers Fish and Chips Sign Up Required 2:00 Adult Colouring Victoria Harbour Lounge	27 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 7:00 Happy Hour in the Lobby	28 6:30 JB Hour Ottawa Lounge
29 11:00 Holy Rosary In the Chapel	30 9:15 Physio Exercises Recreation Room 9:50 Physio Exercises Victoria Harbour Lounge 1:15 Scrabble Ottawa Lounge 2:00 Bingo Victoria Lounge 3:30 Friendly Visits <small>Rosh Hashanah (first Day)</small>	<h1>September 2019</h1> <h2>Orchard Villa Retirement Community</h2>				